

Labor Department's web site on the Internet: [www.dol.gov](http://www.dol.gov). That's [www.dol.gov](http://www.dol.gov).

By expanding family leave to cover children's doctor visits and parent-teacher conferences and by helping more Americans to learn about the opportunity of family leave, we can enable millions of more of our fellow citizens to meet their responsibilities both at home and at work. That's how we must prepare our people for a new century full of new promise and possibility.

As parents, teachers, and business people, as members of the work force and members of our communities, we all share a stake in the strength of our families. Our society can never be stronger than the children we raise or the families in which we raise them. That's why family leave is more than just a single issue or accomplishment. It is at the heart of our approach to preparing America for the 21st century by ensuring that we can all meet our obligations and make the most of our God-given gifts.

Thanks for listening.

NOTE: The President spoke at 10:06 a.m. from the Oval Office at the White House.

### **Statement on the Death of Herb Caen**

*February 1, 1997*

Hillary and I were saddened to learn of the passing of Herb Caen, the San Francisco Chronicle's legendary columnist, and we extend our condolences to his family, friends, and most of all, the city he loved. Maybe it's not right to call an "institution" someone who deflated many overstuffed institutions with a brisk three dots, but surely no one knew better the vibrancy and eccentricities of the city, his city, San Francisco, than did Herb Caen. If we listen carefully on those cool mornings when the fog has boiled through the Golden Gate, out beyond the clattering of cables underfoot and the low moan of the horn at Alcatraz, maybe we will still hear Herb Caen's wonderful, witty, irrepressible voice. Herb Caen . . . he will be missed . . . a lot.

### **Proclamation 6971—American Heart Month, 1997**

*February 1, 1997*

*By the President of the United States of America*

#### **A Proclamation**

More than 700,000 men and women die each year of heart disease, making it the leading cause of death in our country. Annually, about 1.5 million Americans suffer heart attacks, one-third of which are fatal. Collectively, diseases of the heart and blood vessels claim about 960,000 American lives annually. These statistics only hint at the individual and collective tragedy brought on by heart disease and stroke and underscore the need for us to do everything possible to combat cardiovascular diseases.

Research has brought dramatic improvements to our knowledge of heart disease and how to combat it. We have learned much in recent years and now know that the processes leading to heart disease typically begin early in life and worsen over the years; symptoms often do not appear for decades. We also better understand the effects of genetics, gender, and lifestyle. High blood cholesterol, high blood pressure, smoking, diabetes, and obesity increase the risk of developing heart disease; physical activity can reduce the risk of suffering from cardiovascular disease, including stroke.

Additionally, research has brought improved diagnostic methods and treatments for those afflicted with heart disease. Noninvasive imaging devices can now show the heart at work inside the body, giving doctors more precise information about their patient's condition. And new tests and therapies allow us to detect and treat a heart attack more effectively and minimize damage to the heart muscle.

These striking developments in biomedical techniques and increased public awareness and education have helped reduce the death rate from heart disease by nearly 60 percent in the past 30 years, and deaths from stroke by about 65 percent.

The Federal Government has contributed to these advances by supporting research and public education programs of the National

Heart, Lung, and Blood Institute, part of the National Institutes of Health. The American Heart Association also has played a crucial role in bringing about these remarkable accomplishments through its research and education programs and the work of dedicated volunteers.

Yet much remains to be done. The incidence of obesity has risen dramatically over the past 30 years, and renewed efforts are needed to make all Americans aware of how they can lower the risks of heart disease by adopting a commonsense regimen of diet, exercise, and, in some cases, medication.

More, too, must be done to help survivors of initial heart attacks live full lives. Within six years of a heart attack, for instance, more than a third of those afflicted develop severe and often disabling chest pain. One-fourth or more of them will have another heart attack, and another fifth suffer heart failure. The challenges posed by heart disease are becoming ever more pressing as America ages and more of us live beyond age 65—the group most affected by this disease.

In the face of these daunting challenges, we Americans, acting individually and collectively, can fight heart disease and give ourselves and our families a healthy future.

In recognition of these important needs in the ongoing battle against cardiovascular disease, the Congress, by Joint Resolution approved December 30, 1963 (77 Stat. 843; 36 U.S.C. 169b), has requested that the President issue an annual proclamation designating February as “American Heart Month.”

**Now, Therefore, I, William J. Clinton,** President of the United States of America, do hereby proclaim February 1997, as American Heart Month. I invite the Governors of the States, the Commonwealth of Puerto Rico, officials of other areas subject to the jurisdiction of the United States, and the American people to join me in reaffirming our commitment to combating cardiovascular disease and stroke.

**In Witness Whereof,** I have hereunto set my hand this first day of February, in the year of our Lord nineteen hundred and ninety-seven, and of the Independence of the United States of America the two hundred and twenty-first.

**William J. Clinton**

[Filed with the Office of the Federal Register, 11:26 a.m., February 3, 1997]

NOTE: This proclamation was published in the *Federal Register* on February 4.

## **Remarks at a National Governors’ Association Dinner**

*February 2, 1997*

Ladies and gentlemen, Governor and Mrs. Miller, Governor and Mrs. Voinovich, all the Governors and spouses and children and friends who are here, the leaders of the National Governors’ Association, welcome back to the White House.

As all of you know, this is a very special dinner for Hillary and for me. I had to pinch myself this afternoon when I was preparing these notes—very elaborate—[laughter]—when I realized that this is the fifth time I have had the honor of hosting this dinner, which I also attended 12 times as a Governor.

Four years ago, when you came here, I told you that I would do my best to chart a new course for our country, to give you a strong economy, a smaller and less obtrusive Federal Government, still one that could be very effective and innovative in dealing with the challenges before us and in forging a new partnership with the Governors to devolve more decisionmaking to the State level. Four years later, we can look back and see that that strategy has worked, thanks to your efforts and what all of us here have been able to do, working together.

Our economy is the strongest it’s been in 30 years. Our Government is the smallest it’s been since President Kennedy was here. Today one of our major newspapers carried a story chronicling the record decline in the welfare rolls over the last 4 years—2¼ million people—and at last giving the Governors and the States committed to welfare reform a share of the credit—along with the rising economy—for moving people from welfare to work. So this is a good time. Crime rates have dropped now for 5 years in a row, and we know now what to do to keep them coming down.

The main thing I want to say tonight is that we all, together, have an incredible opportunity, standing as we do on the edge of